

THE HUNGRY MONK

Kitchen Team: Chris Denk, Tony Seville, Jonathan Rogan, Tristan Messer,
Oisin Carroll, Himanshu Patel, Rhaony Ferraz, Leon Coughlan.



STARTERS

Sweet Potato, Red Pepper and Smoked Paprika Soup (7,9) Served with sweet potato crisps.	€7
Portabello Mushroom Fritters (1,3,7,8,9,10) Served with garlic and smoked paprika aioli, aged parmesan shavings.	€8
Gressingham Duck Liver, Pistachio and Apricot Pate (1,3,7,8,9,10) Served with a port wine syrup and lightly toasted sourdough bread.	€10
Wicklow Lambs Kidneys Dijonaise (1,7,10) Diced and pan fried with shallots in a creamy wholegrain mustard and Cognac cream sauce.	€9
Oven Baked Clonakilty Black Pudding (1,12) Served with a conference pear, cinnamon and raisin compote.	€9
Roast Butternut Squash, Thyme and Pumpkin Seed Risotto (7,8,9,12) Served with aged parmesan shavings and pumpkin seed oil.	€10
Cashel Blue Cheese, Apple, Cranberry and Walnut Salad (7,8,10,12) Served with a lavender honey and Dijon mustard dressing.	€10
Dublin Bay Prawn Scampi (1,2,3,6,7,10) Fresh prawns coated in golden breadcrumbs and served with a ramekin of homemade tartar sauce.	€10
Monk Style Spicy Chicken Wings (3,7,6,9,10) Regular €10 Large €12 Served with crunchy celery sticks and a cashel blue cheese dip.	
Baked Atlantic Cod and Chorizo Sausage Fish Cakes (1,3,4,12) Served with local salad leaves and a saffron aioli.	€11



Our Main Suppliers
Seafood: Wrights of Marino, Kish Fish Smithfield
Free Range Chicken: Pat Garvey, Limerick. Niall Brady, Monaghan.
Meats: MK Meats, Rathcoole
Fruit and Veg: Total Produce, Balbriggan, Hawthorn Cottage (Organic), Portumna
Cheese: John Hempenstall Arklow.

Vat @ 13.5% is included, 10% Service Charge will be added

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MAINS

Char-grilled Irish Heifer Organic Beef Burger (1,3,7,10)	€15
Portabello Mushroom and Grilled Haloumi Burger with Garlic Aioli (1,3,6,7,8,10)	€14
Wicklow Mountain Lamb and Rosemary Burger (1,3,7,10)	€16

All our burgers are homemade, fresh and are served with crisp iceberg lettuce and a slice of beef tomato in a toasted brioche bun with home-cut chips.

Additional toppings:

Smoked Applewood Cheese	€2
Tipperary Irish Red Cheddar	€2
Cashel Blue Cheese	€2
Fried Onions	€1
Sauteed Mushrooms	€1
Pickled Dill Gherkins	€1
Hickory Bacon	€2
Jalapeños	€1
Pepper Sauce	€2
Fried Hens Egg	€2

Spinach, Ricotta Cheese and Sundried Tomato Ravioli (1,3,7,9) Served "Al dente" in a white wine and sundried tomato cream with aged parmesan shavings, pesto oil.	€18
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Bombay Breast of Chicken Curry (6,9) Vegetarian option available €16 Served with basmati rice, mango chutney and poppadom.	€18
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Fillet of Fresh Atlantic Wild Cod (1,3,4,7) Wild fillet of fresh cod coated in a crisp pale ale batter served with tartar sauce, jacket chips and mushy peas.	€19
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Tuscan Baked Chicken Breast "Voltera" (6,7,8,12) Served with a rich Chianti and tomato ragu with mixed beans, fondant potato and a pesto dressing.	€19
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Wild Wicklow Game Pie (Venison, Pheasant and Guinea Fowl) (1,7,9,10) Served with a crispy puff pastry top and a side of champ potato and french beans.	€22
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Trawlerman's Risotto (Prawns, Calamari and Mussels) (2,4,8,14) Served "al dente" with white wine, saffron and aged parmesan shavings.	€23
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Slow Braised Belly of Ballon (Carlow) Pork (7,9,12) Served with red cabbage, apple and vanilla puree and a rich merlot jus.	€23
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Char-Grilled 8oz Dry Aged Sirloin Steak "au Poivre" (6, 7, 9) Served with sautéed onions, hand-cut maris piper chips and a creamy black peppercorn sauce.	€23
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Crispy Dublin Bay Prawn Scampi (1, 2, 3, 7, 10) Fresh Dublin Bay prawns coated in breadcrumbs and served with tartar sauce and hand-cut chips.	€22
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SIDE ORDERS

Tower of French Fried Onions	€5 (1, 3, 6, 7)
Home Cut Chips	€4 (6)
Simple Green Salad	€5 (8, 9)
Today's Green Vegetables	€5 (7)
Champ Potato	€4 (7)
Sauteed Mushrooms	€4 (7)

List of 14 Allergens: 1 Cereals containing gluten, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soybeans, 7 Dairy, 8 Nuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide, 13 Lupin, 14 Molluscs.

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