

# THE HUNGRY MONK

Kitchen Team: Chris Denk, Tony Seville, Jonathan Rogan and Oisin Carroll



## STARTERS

- Portabello Mushroom fritters (1,3,6,7)** €7  
Served with garlic and smoked paprika aioli, aged parmesan shavings.
- Duck Liver, Pistachio and Cranberry Parfait (1,3,7,8,9,10)** €8  
Served with a redcurrant and ginger jelly and lightly toasted white bread.
- Wicklow Lambs Kidneys Dijonaise (1,7,10)** €8  
Diced and pan fried with shallots in a creamy wholegrain mustard and Cognac cream sauce.
- Oven Baked Clonakilty Black Pudding (1,12)** €8  
Served with a Bramley apple, raisin and cinnamon compote.
- Fivemiletown Goats Cheese and Butternut Squash Risotto (7,8,9,12)** €9  
Served with aged parmesan shavings and basil oil.
- Cashel Blue Cheese, Walnut and Wild Rocket Salad (8,12)** €9  
Served with caramelised onions and a blackberry vinaigrette dressing
- Dublin Bay Prawn Scampi (1,2,3,6,7,10)** €9  
Fresh prawns coated in golden breadcrumbs and served with a ramekin of homemade tartar sauce.
- Monk Style Spicy Chicken Wings (3, 7, 6, 9, 10)** Regular €9 Large €11  
Served with crunchy celery sticks and a cashel blue cheese dip.
- Smoked Haddock, Leek and Potato Fish Cakes (1,3,4,7,10,12)** €9  
Served with a saffron aioli and winter leaves.
- Oak Smoked Kinvara Salmon Roulade (1,2,4,7)** €11  
Served with chive cream cheese, lemon and caper dressing and our own brown bread.



### Our Main Suppliers

Seafood: Wrights of Marino, Kish Fish Smithfield

Free Range Chicken: Pat Garvey, Limerick. Niall Brady, Monaghan.

Meats: MK Meats, Rathcoole

Fruit and Veg: Veg Kings, Greystones, Hawthorn Cottage (Organic), Portumna

Cheese: John Hempenstall Arklow.

Vat @ 9% is included, 10% Service Charge will be added

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## MAINS

- Char-grilled Irish Heifer Organic Beef Burger (1,3,7,10)** €14  
**Sweet Potato and Grilled Haloumi Cheese Burger with Green Tabouli (1,3,6,7)** €13  
**Wicklow Mountain Lamb Burger with Tzatziki (1,3,7,10)** €15

All our burgers are homemade, fresh and are served with crisp iceberg lettuce and a slice of beef tomato in a toasted brioche bun with home-cut chips.

### Additional toppings:

- Smoked Applewood Cheese** €2  
**Tipperary Irish Red Cheddar** €2  
**Cashel Blue Cheese** €2  
**Fried Onions** €1  
**Sauteed Mushrooms** €1  
**Pickled Dill Gherkins** €1  
**Hickory Bacon** €2  
**Jalapeños** €1  
**Pepper Sauce** €2

- Spinach, Ricotta Cheese and Sundried tomato Ravioli (1,3,7,9)** €17  
Served "Al dente" in a white wine and sundried tomato cream with aged parmesan shavings, pesto oil.

- Moroccan Butternut Squash, Chickpea and Sweet Potato Tagine (6,9,12)** €17  
Served with spiced lemon and coriander couscous.

- Bombay Breast of Chicken Curry (6,9)** €18  
Served with basmati rice, mango chutney and poppadom.

- Fillet of Fresh Atlantic Wild Cod (1,3,4,7)** €18  
Wild fillet of fresh cod coated in a crisp pale ale batter served with tartar sauce, jacket chips and mushy peas.

- Free-range Chicken Breast "Andalucia" (1,7,9,10,12)** €18  
A large Irish chicken breast stuffed with sundried tomatoes and spinach served with Iberico chorizo sausage, patatas bravas with green beans and a rich tomato ragu.

- Slow Cooked Lamb and Pearl Barley Pie (1,7,9,11,12)** €19  
Served with a crisp puff pastry cap and champ potato.

- Trawlerman's Risotto (Prawns, Calamari and Mussels) (2,4,7,9,11,14)** €19  
Arborio rice served "Al dente" with saffron and red chilli and aged parmesan shavings.

- Char-Grilled 8oz Dry Aged Sirloin Steak "au Poivre" (6, 7, 9)** €22  
Served with sautéed onions, hand-cut maris piper chips and a creamy black peppercorn sauce.

- Crispy Dublin Bay Prawn Scampi (1, 2, 3, 7, 10)** €21  
Fresh Dublin Bay prawns coated in breadcrumbs and served with tartar sauce and hand-cut chips.

## SIDE ORDERS

- Tower of French Fried Onions €5 (1, 3, 6, 7)  
Home Cut Chips €4 (6)  
Rocket and Parmesan Salad €4 (7, 8, 9)  
Today's Green Vegetables €4.50 (7)  
Cheese and Garlic Potatoes €5 (7)  
Champ Potato €3.50 (7)  
Sauteed Mushrooms €4 (7)

List of 14 Allergens: 1 Cereals containing gluten, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soybeans, 7 Dairy, 8 Nuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide, 13 Lupin, 14 Molluscs.

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